



# Wholegraining America: Consumer Trends, Perceptions and Understanding of Whole Grains

Whole Grains on Every Plate Conference October 18, 2012

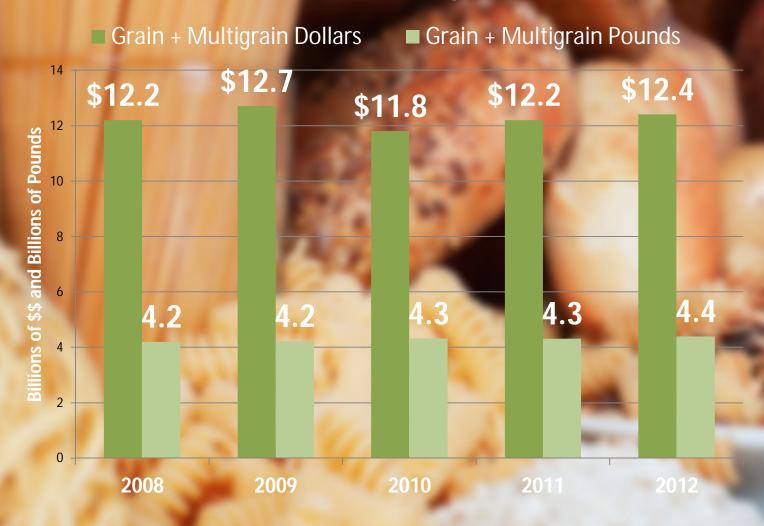
#### Today's topics...

- Growing Whole Grain Share in Declining Categories
- 2. Attracting White Bread Consumers
- Messaging Whole Grains and Getting Visibility on Packages



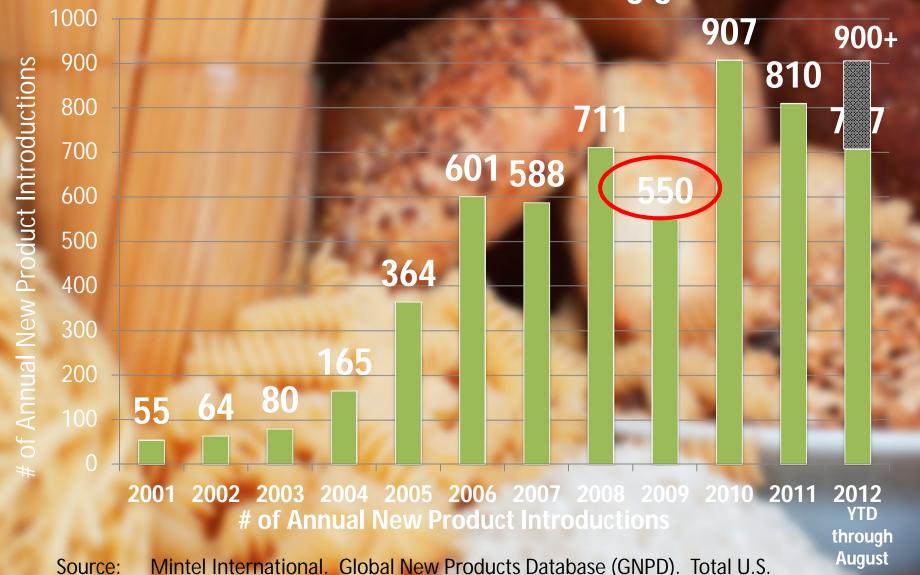


## Whole Grain Sales Stall from 2008 to 2012 Total U.S. Whole Grains/ Multigrain Sales - Billions f/d/mx



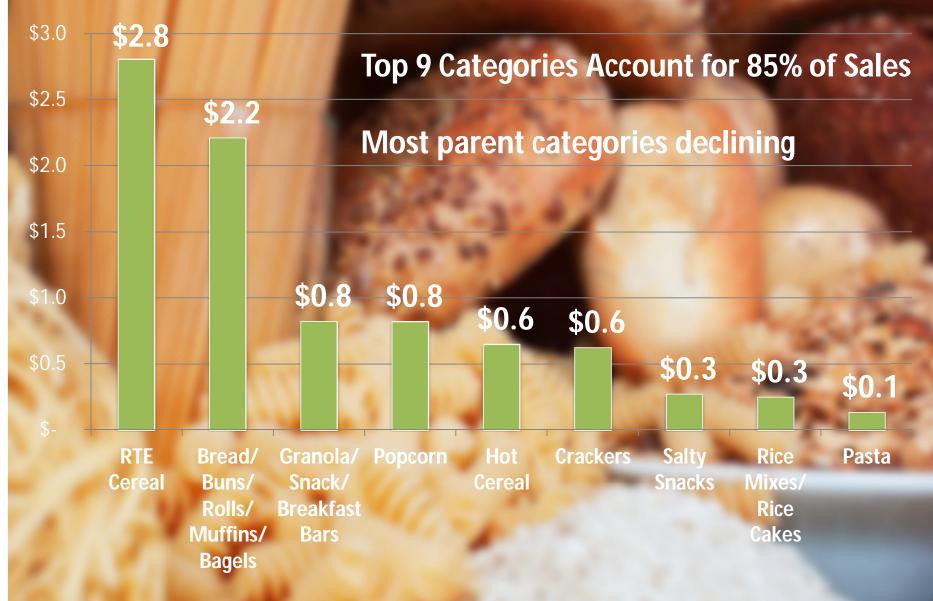
Source: A.C. Nielsen Healthy Package Claims Report, total U.S., 52 weeks ending September, Food/ Drug/ Mass Merchandiser excluding Walmart.





Food and Drink New Product Introductions with "Whole Grain" claim





Source: A.C. Nielsen Healthy Package Claims Report, total U.S., 52 weeks ending September, Whole grains only. Does not include Multigrain claims Food/ Drug/ Mass Merchandiser excluding Walmart.

### **Thoughts on Future Growth**

- 1. Forecast: Headwinds in the decade ahead
  - Dietary Guidelines pressure to reduce grain consumption
  - Pressures to reduce portion sizes
  - "Beige foods" lose favor
  - Population shifts favor colorful, lower starch foods
- 2. Strategy: Build whole grain share in declining categories



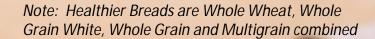
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35%

White Bread

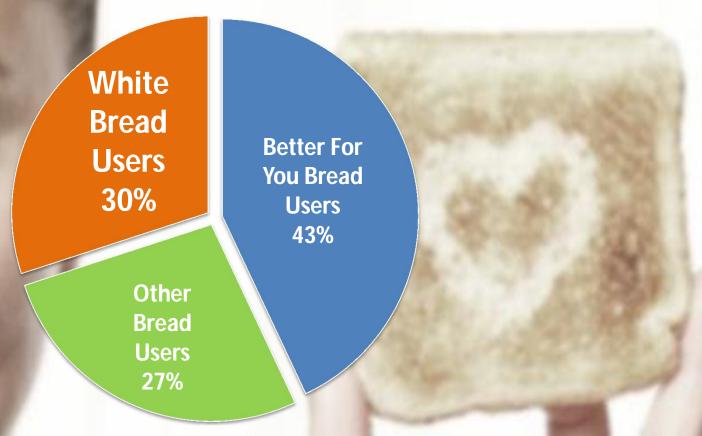
Share of Units (Loaves) 52 weeks ending July 8, 2012

24% All other breads

16% Plain wheat

Source: Symphony IRI Total U.S. retail sales, unit sales, grocery, drug, mass merchandiser, excluding Walmart, 52 weeks ending July 8, 2012

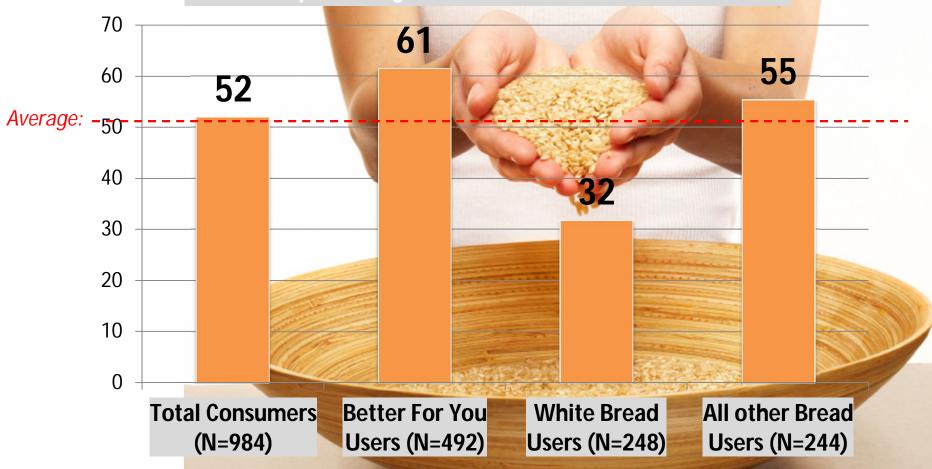
### 3 in 10 Are White Bread Consumers



How might we appeal to the white bread consumer?

### 52% Consumers Say "Looking to Add More Whole Grains to Diet" - But White Bread Consumers Lack Interest

% of Group Looking to Add More Whole Grains to Diet



Source: ConAgra Mills proprietary research Ap. II 2012, n=984 adults age 18-64, Primary grocery shoppers, 60/40 mix females, males, Total U.S.

#### Whole Grain versus Whole Wheat Bread

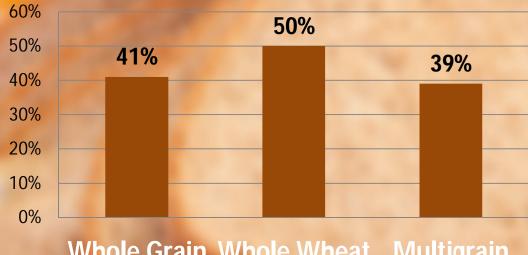
- Whole Grain Bread Perceptions
- √ Grainier
- ✓ More Premium
- **✓ Denser**
- ✓ More Fiber
- ✓ Crustier

- Whole Wheat Bread Perceptions
- **✓** Softer
- **✓ Milder**
- **✓** Tastier

White Bread Users Have Similar Perceptions as Non-White Bread Users

# White Bread Consumers More Interested in Whole Wheat Bread

White Bread Consumer Purchase Interest in Breads (Definitely/ Probably Would Buy)



Whole Grain Whole Wheat Multigrain Bread Bread Bread

- ✓ Significantly more interest in Whole Wheat Bread
- ✓ Whole Grain Consumers have equally high interest in all three breads

Source: ConAgra Mills proprietary research, February 2012, n= 3,414 Adults, age 18-70, primary grocery shoppers, 80/20 females, males. White Bread Consumers are average of White Bread Traditionals, White Bread Neutralists, and Budget Buyers

#### Perceived Benefits of Adding Whole Grains to Diet

#### **Consumers Get it**

- **✓** Adds Fiber
- ✓ Fills you up
- **✓** Aids digestion

#### **But Consumers Want to Hear**

- ✓ Helps with weight management
- ✓ Helps boost energy

#### **And Not Hear About...**

**✓** Disease Control

White Bread Users Have Similar Perceptions as Non-White Bread Users

### **Thoughts on Product and Messaging**

- Design products to be mild, non grainy for white bread consumers.
- ✓ Don't premium price. Be affordable for white bread consumers
- ✓ Message to weight management. Not disease control.
- ✓ Introduce low levels of whole grains. Gradually increase inclusion level.

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# Facial Coding Captures Emotions Whole Grain Claims on Packages Cause Skepticism



Picture shown

**Reactions Video** 





Skepticism, concern, dislike, and

Source: ConAgra Mills proprietary research April 2012, n=984 adults age 18,64,

Primary grocery shoppers, 60/40 mix females/ males, Total U.S. And Consumer Vidnography March 2012



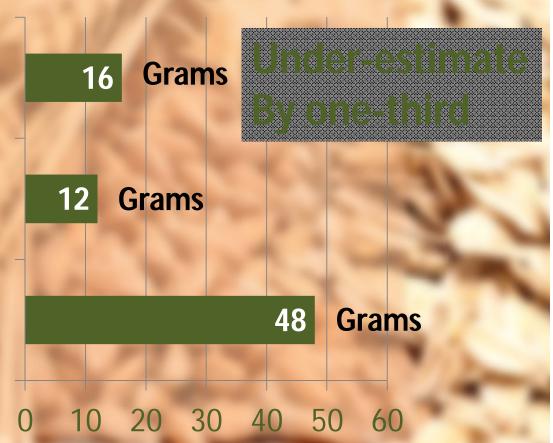
#### Consumers Need Guidance on Whole Grain Goal

Recommended Daily Intake of Whole Grains (Grams)



What Consumers Say They
Actually Eat

Recommended Daily Intake

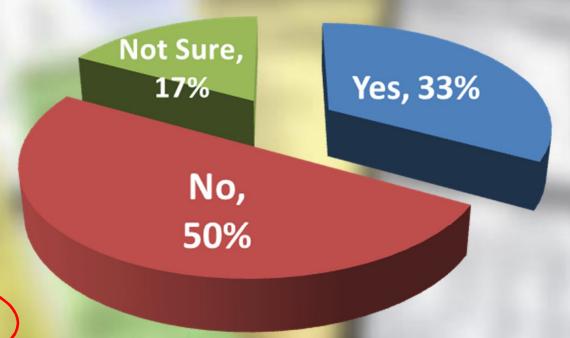


Source: ConAgra Mills proprietary research April 2012, n=984 adult age 18-64, Primary grocery shoppers, 60/40 mix females/ males, Total U.S.

# Reactions to Whole Grain Stamp – Not very aware but like and trust the information



#### Seen Whole Grain Stamp on Packages?



All consumer segments same awareness

#### Put Whole Grain Stamp Next to Nutrition Facts

Trusted Information but trouble finding



Trusted Information and know where to look



Source: ConAgra Mills proprietary research April 2012, n=984 adults age 18-64, Primary grocery shoppers, 60/40 mix females/ males, Total U.S.

#### Final Thoughts

- Increase share of whole grains in declining categories
- 2. Stronger commitment to converting white bread to whole grain
- 3. Products with mild flavor to broaden appeal
- Message to weight management to broaden appeal
- 5. Whole Grain Stamp needs consistent placement on package. Put near Nutrition Facts Panel.

