

Whole Grains Council School Food Survey



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Oldways and the



Whole Grains Council

How often do you serve whole grains?

















1. How often do you serve whole grain foods at your school? Please check one.

At every meal		39	56%
At least three times each week		23	33%
About once a week		6	9%
A few times a month		2	3%
About once a month		0	0%
Never, or very rarely		0	0%
Total		70	100%

See pages 5-3 to 5-10 in your Program Book

Which WG at lunch?










2. Which of the following lunch-type whole grain foods have you served in the last two months? Please check ALL that apply.

Whole grain hamburger buns		52	74%
Whole grain hotdog buns		38	54%
Whole grain bread or rolls		58	83%
Whole grain pizza crust		57	81%
Whole grain wraps or tortillas		41	59%
Whole grain garden burgers		11	16%
Whole grain breadsticks		12	17%
Whole grain corn dogs		25	36%
Whole grain breaded chicken		34	49%
Whole grain pasta		34	49%
Brown rice		34	49%
Whole grain cookies		18	26%
Whole grain crackers		15	21%
Whole grain pretzels		14	20%
Whole grain chips (such as corn chips, SunChips)		44	63%
Other, please specify View Responses		4	6%

See pages 5-3 to 5-10 in your Program Book

Which WG at breakfast?

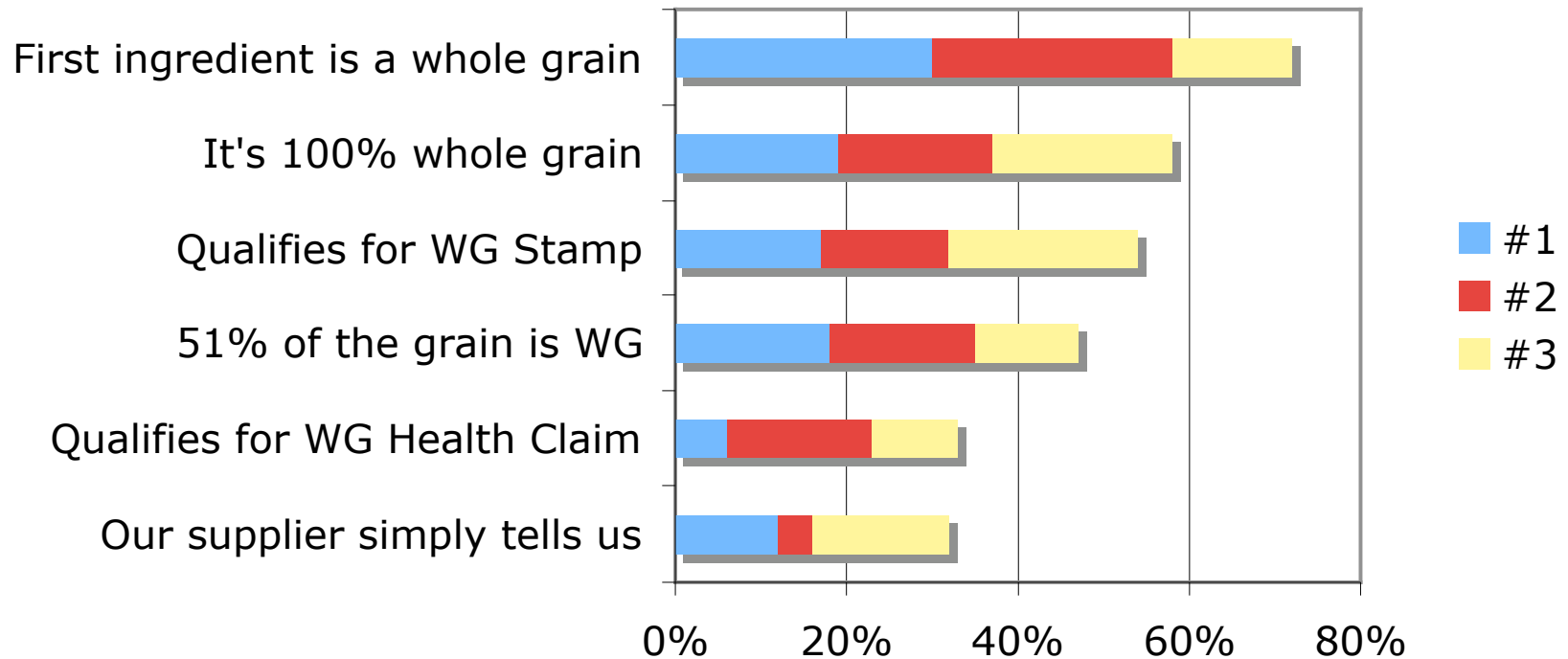
3. Which of the following breakfast-type whole grain foods have you served in the last two months? Please check ALL that apply.

Whole grain muffins		17	25%
Whole grain English muffins		17	25%
Whole grain cold cereals		60	87%
Oatmeal (including instant)		34	49%
Whole grain hot cereals (other than oatmeal)		5	7%
Whole grain toaster pastries (such as PopTarts)		23	33%
Whole grain pastries (Danish, croissants, etc.)		5	7%
Whole grain granola bars or breakfast bars		38	55%
Other, please specify View Responses		10	14%

See pages 5-3 to 5-10 in your Program Book

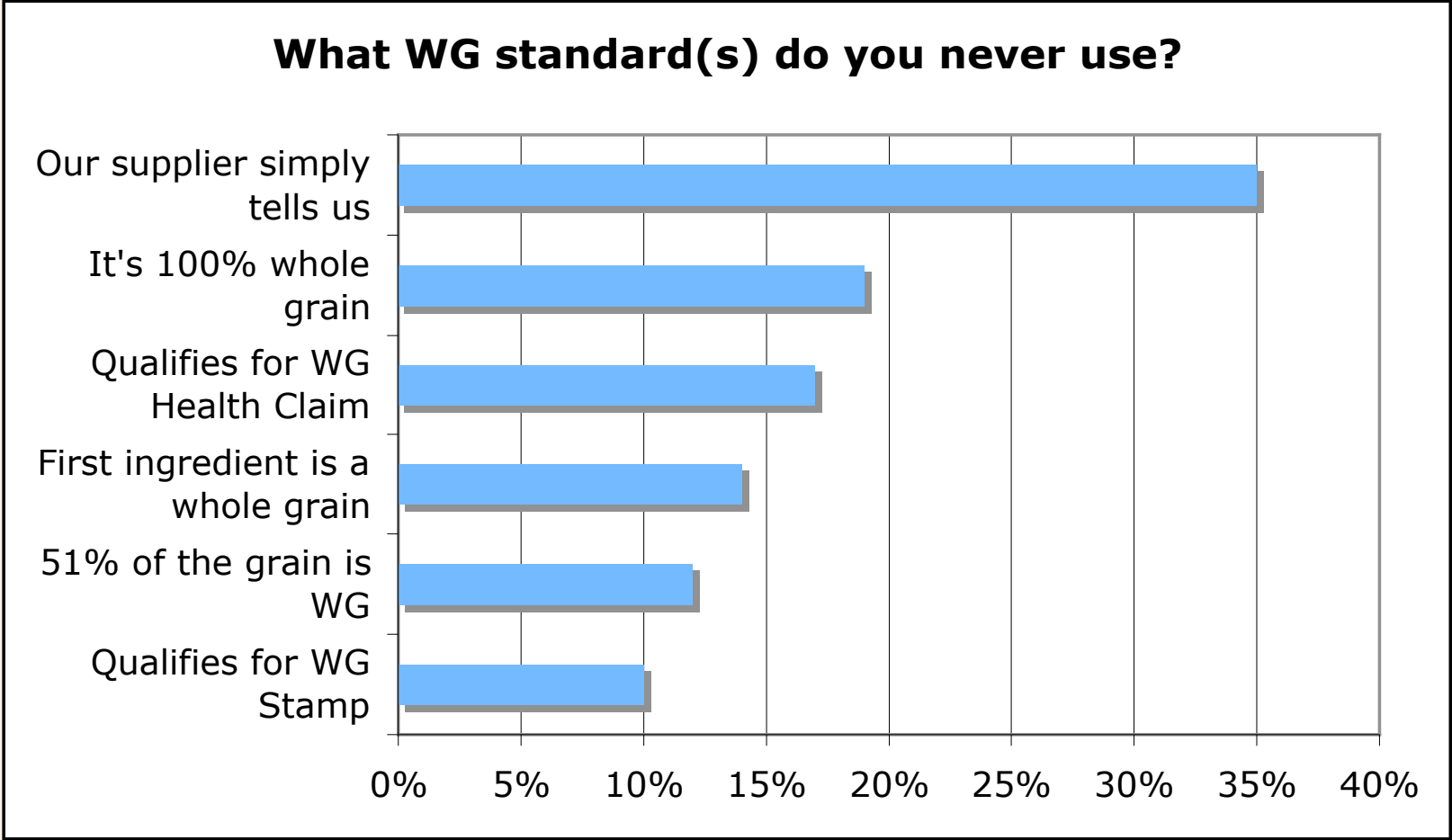
What Standard for WG?

What standard do you use for "Whole Grain?"



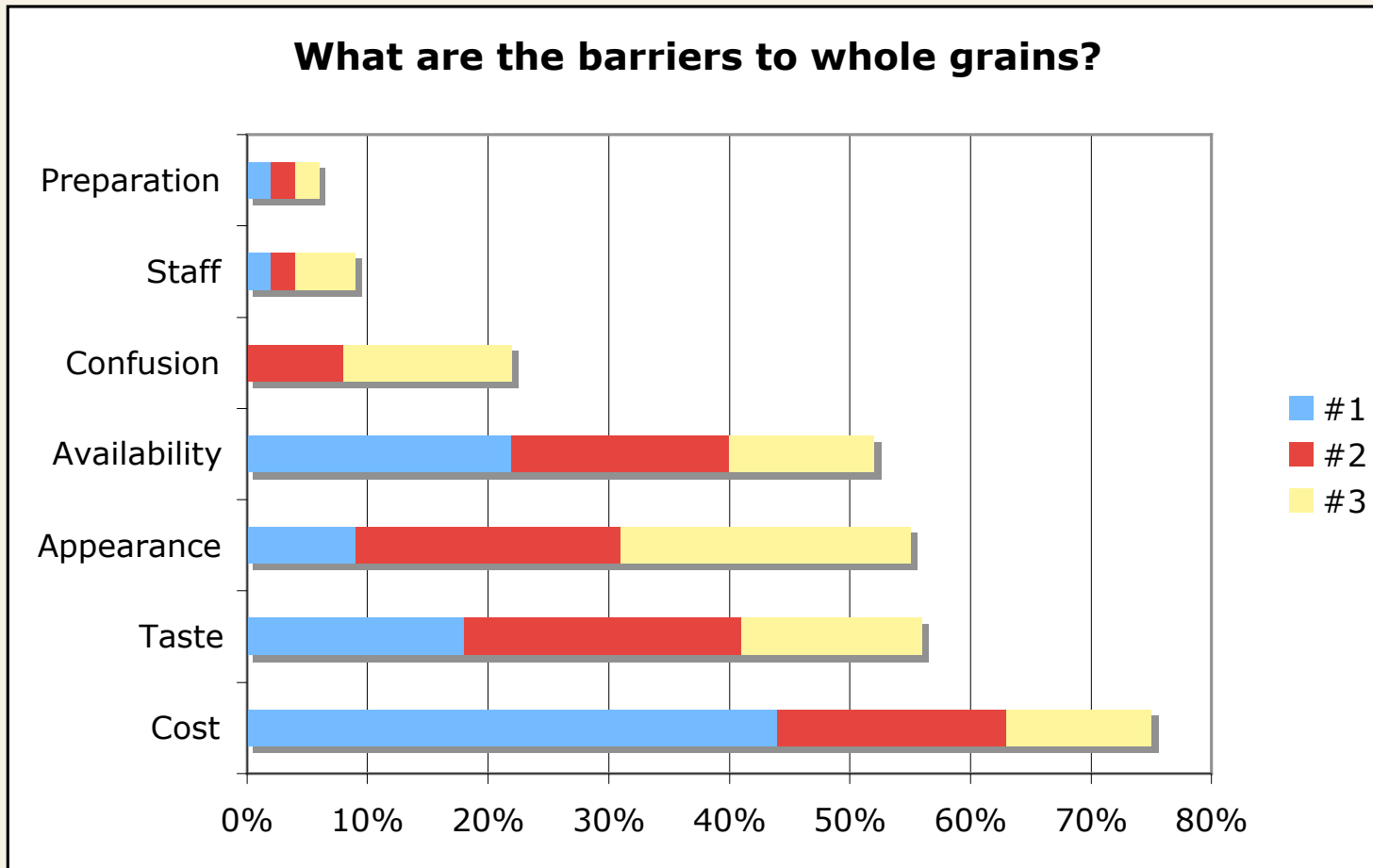
See pages 5-3 to 5-10 in your Program Book

What Standard **Don't** You Use?



See pages 5-3 to 5-10 in your Program Book

Barriers to Whole Grains?



See pages 5-3 to 5-10 in your Program Book

Which Restaurants?



Restaurant	Rank	On the Menu
McDonald's	#1	Premium chicken sandwich, 8g wg in bun
Stabuck's	#4	Oatmeal and whole grain pastries
Pizza Hut	#6	The Natural pizza, 8g wg in crust
Chili's Grill & Bar	#12	Guiltless chicken sandwich, ww bun
Jack in the Box	#15	Chicken fajita whole grain pita, 16g
TGI Friday's	#17	Dragonfire Chicken Stirfry, brown rice
Olive Garden	#18	Whole wheat linguini in any pasta dish
Panera Bread	#25	Whole grain breads and bagels
Papa John's	#26	Whole grain pizza crust, 40g
Ruby Tuesday	#28	Brown rice pilaf on "Smart Eating" menu
Cracker Barrel	#29	Oatmeal; ww bread on sandwiches