

Merchandising Whole Grains Diversity on the Menu

Paul Lynch, Executive Chef

FireLake Grill House & Cocktail Bar

Radisson Plaza Hotel, MPLS

Add appealing menu twists to all day parts

- Breakfast
- Lunch
- Dinner
- Appetizers



Most Important Meal of the Day

- **Yogurt & Granola Parfait, fresh berries** 6.25
- **Toasted Bagel, Water or Whole Grain** 3.75
Organic Valley Cream Cheese
- **Glorious Morning Muffin** 2.75
- **Choice of Rosti potatoes, White Cheddar Grits or Fresh Fruit**
- **Seven Whole Grain & Nut Waffle** 8.95
Vanilla Yogurt, Apple –Sorghum Syrup
- **Multi Grain Breakfast Bread Pudding** 9.75
Minted fruit & Walnut Compote
- **Minnesota Wild Rice Pancakes** 9.50
Choke Cherry Syrup, a Northwood's tradition
- **Apple Oatmeal Brulée** 7.50
fresh apples, spices, rolled oats
- **'Twig & Branch' House Granola** 7.50
Whole Grains, house made with banana or strawberries

Multi Grain Breakfast Bread Pudding

Minted fruit & Walnut Compote



Lunch

- **Minnesota Salad**

cranberry-wild rice croutons, Stickney Hill chevre, bacon, Bushel Boy tomatoes, corn, cucumber, onion, balsamic vinaigrette

- **Rotisserie Chicken Salad**

Mesclun greens, confetti vegetable-whole grain orzo salad, caper-chive vinaigrette

- **Whole Hog, Hopping John & Black-eyed Pea Soup**

duram wheat berries, and mustard greens

- **Harvest Burger**

Our own Vegetarian recipe, Sherry-scallion sauce, sunflower sprouts, Corn crusted fried tomatoes

- **Orchard Chicken Wrap**

apples, celery, cranberries, grapes, walnuts, mesclun greens, whole wheat Lahvash

- **Downtown Club Sandwich**

grilled turkey, bacon & Minnesota back bacon, provolone, tomato, lettuce on multi-grain bread

- **Forest Mushroom Barley Risotto,**

Roast mushrooms, two barleys, braised root vegetables & thyme

- **Three Grain Pappardelle**

Summer squash, oven dried tomatoes, arugula, herb oil, parmesan

Lunch

- **Minnesota Salad**

cranberry-wild rice croutons, Stickney Hill chevre, bacon, Bushel Boy tomatoes, corn, cucumber, onion, balsamic vinaigrette

- **Rotisserie Chicken Salad**

Mesclun greens, confetti vegetable-whole grain orzo salad, caper-chive vinaigrette

- **Whole Hog, Hopping John & Black-eyed Pea Soup**

duram wheat berries, and mustard greens

- **Harvest Burger**

Our own Vegetarian recipe, Sherry-scallion sauce, sunflower sprouts, Corn crusted fried tomatoes

- **Orchard Chicken Wrap**

apples, celery, cranberries, grapes, walnuts, mesclun greens, whole wheat Lahvash

- **Downtown Club Sandwich**

grilled turkey, bacon & Minnesota back bacon, provolone, tomato, lettuce on multi-grain bread

- **Forest Mushroom Barley Risotto,**

Roast mushrooms, two barleys, braised root vegetables & thyme

- **Three Grain Pappardelle**

Summer squash, oven dried tomatoes, arugula, herb oil, parmesan

Three Grain Pappardelle



Dinner

- **Marjoram Mustard Glazed Chicken**

Forest Mushroom Barley Risotto, braised root vegetables

- **Hickory Smoked Rotisserie Half Duck**

Native wild rice, pear & cranberry pilaf, lingonberry compote

- **Hickory Rotisserie Lamb**

Faro & english pea risotto, cipollini cream, marjoram mustard glaze

- **Pasture Raised Elk Loin Steak, Swedish mustard**

Native wild rice, pear & cranberry pilaf, blackberry–onion compote

- **Porter Braised Short Rib**

Thyme Pot Liquor, pearl onions, peas, Forest Mushroom Barley Risotto

Dinner

- **Marjoram Mustard Glazed Chicken**

Forest **Mushroom Barley Risotto**, braised root vegetables

- **Hickory Smoked Rotisserie Half Duck**

Native wild rice, pear & cranberry pilaf, lingonberry compote

- **Hickory Rotisserie Lamb**

Faro & english pea risotto, cipollini cream, marjoram mustard glaze

- **Pasture Raised Elk Loin Steak, Swedish mustard**

Native wild rice, pear & cranberry pilaf, blackberry–onion compote

- **Porter Braised Short Rib**

Thyme Pot Liquor, pearl onions, peas, **Forest Mushroom Barley Risotto**

Hickory Rotisserie Lamb
Faro & english pea risotto, cipollini cream, marjoram mustard glaze



English pea-faro risotto, cipollini onion cream



Dessert

- **Superior Oat Meal Stout Chocolate Bundt**, semifreddo
- **Orchard Apple Pie, Trio Apples, Gram Crust**,
Lingonberry Frozen Custard
- **Cherry Rhubarb Brown Betty**, honey almond ice cream

Dessert

- **Superior Oat Meal Stout Chocolate Bundt**, semifreddo
- **Orchard Apple Pie, Trio Apples, Gram Crust**,
Lingonberry Frozen Custard
- **Cherry Rhubarb Brown Betty**, honey almond ice cream

Cherry Rhubarb Brown Betty, honey almond ice cream

