January

WHOLE GRAIN OF THE MONTH

OATS

WholeGrainsCouncil.org
February

WHOLE GRAIN of the MONTH

BARLEY

WholeGrainsCouncil.org
March

Whole Grain of the Month

Quinoa

WholeGrainsCouncil.org
May

WHOLE GRAIN of the MONTH

AMARANTH

WholeGrainsCouncil.org
June

WHOLE GRAIN of the MONTH

SORGHUM

WholeGrainsCouncil.org
August

WHOLE GRAIN of the MONTH

RYE & TRITICALE

WholeGrainsCouncil.org
September

WHOLE GRAIN MONTH

RICE & WILD RICE

WholeGrainsCouncil.org