Merchandising Whole Grains
Diversity on the Menu

Paul Lynch, Executive Chef
FireLake Grill House & Cocktail Bar
Radisson Plaza Hotel, MPLS
Add appealing menu twists to all day parts

- Breakfast
- Lunch
- Dinner
- Appetizers
Most Important Meal of the Day

- Yogurt & Granola Parfait, fresh berries 6.25
- Toasted Bagel, Water or Whole Grain 3.75
  Organic Valley Cream Cheese
- Glorious Morning Muffin 2.75
- Choice of Rosti potatoes, White Cheddar Grits or Fresh Fruit
- Seven Whole Grain & Nut Waffle 8.95
  Vanilla Yogurt, Apple – Sorghum Syrup
- Multi Grain Breakfast Bread Pudding 9.75
  Minted fruit & Walnut Compote
- Minnesota Wild Rice Pancakes 9.50
  Choke Cherry Syrup, a Northwood’s tradition
- Apple Oatmeal Brulée 7.50
  fresh apples, spices, rolled oats
- ‘Twig & Branch’ House Granola 7.50
  Whole Grains, house made with banana or strawberries
Multi Grain Breakfast Bread Pudding
Minted fruit & Walnut Compote
**Lunch**

- **Minnesota Salad**
  cranberry-wild rice croutons, Stickney Hill chevre, bacon, Bushel Boy tomatoes, corn, cucumber, onion, balsamic vinaigrette
- **Rotisserie Chicken Salad**
  Mesclun greens, confetti vegetable-whole grain orzo salad, caper-chive vinaigrette
- **Whole Hog, Hopping John & Black-eyed Pea Soup**
  duram wheat berries, and mustard greens
- **Harvest Burger**
  Our own Vegetarian recipe, Sherry-scallion sauce, sunflower sprouts, Corn crusted fried tomatoes
- **Orchard Chicken Wrap**
  apples, celery, cranberries, grapes, walnuts, mesclun greens, whole wheat Lahvash
- **Downtown Club Sandwich**
  grilled turkey, bacon & Minnesota back bacon, provolone, tomato, lettuce on multi-grain bread
- **Forest Mushroom Barley Risotto**
  Roast mushrooms, two barleys, braised root vegetables & thyme
- **Three Grain Pappardelle**
  Summer squash, oven dried tomatoes, arugula, herb oil, parmesan
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Dinner

• Marjoram Mustard Glazed Chicken
  Forest Mushroom Barley Risotto, braised root vegetables

• Hickory Smoked Rotisserie Half Duck
  Native wild rice, pear & cranberry pilaf, lingonberry compote

• Hickory Rotisserie Lamb
  Faro & english pea risotto, cipollini cream, marjoram mustard glaze

• Pasture Raised Elk Loin Steak, Swedish mustard
  Native wild rice, pear & cranberry pilaf, blackberry–onion compote

• Porter Braised Short Rib
  Thyme Pot Liquor, pearl onions, peas, Forest Mushroom Barley Risotto
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  Forest Mushroom Barley Risotto, braised root vegetables
- Hickory Smoked Rotisserie Half Duck
  Native wild rice, pear & cranberry pilaf, lingonberry compote
- Hickory Rotisserie Lamb
  Faro & english pea risotto, cipollini cream, marjoram mustard glaze
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  Native wild rice, pear & cranberry pilaf, blackberry–onion compote
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  Thyme Pot Liquor, pearl onions, peas, Forest Mushroom Barley Risotto
Hickory Rotisserie Lamb
Faro & english pea risotto, cipollini cream, marjoram mustard glaze
English pea-faro risotto, cipollini onion cream
Dessert

• Superior Oat Meal Stout Chocolate Bundt, semifreddo

• Orchard Apple Pie, Trio Apples, Gram Crust, Lingonberry Frozen Custard

• Cherry Rhubarb Brown Betty, honey almond ice cream
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