

Compass Group: Committed to Whole Grains

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CHANGING THE WORLD

— ONE MEAL AT A TIME —

Compass Group has been recognized by Fortune Magazine as
one of the top 50 global companies changing the world.

Congratulations Compass!



Based in Charlotte NC, Compass Group North America is the leading foodservice management and support services company with \$14.5 billion (£9.4 billion) in revenues in 2015. Compass Group USA was recently named one of America's 500 Best Employers by Forbes, ranking as the highest contract food and support services company. With over 500,000 associates worldwide, its parent company, UK-based Compass Group PLC, was named the 6th largest publicly traded employer in the world by USA Today and had revenues of £17.8 billion in the fiscal year ending September 30, 2015.

morrison
Community Living

Flik
INDEPENDENT SCHOOL
DINING



WOLFGANG PUCK
CATERING



best vendors
management

ESS
Support Services Worldwide

Eurest

GOURMET DINING

chartwells
where hungry minds gather

Levy Restaurants

SSC
services for education

Flik
LIFESTYLES

Restaurant Associates
DELIVERING HOSPITALITY EXCELLENCE
TO PREMIER CLIENTS

morrison
healthcare

crothall
healthcare

touchpoint
SUPPORT SERVICES

CULINART GROUP
INNOVATIVE DINING SOLUTIONS

chartwells
eat. learn. live.

Eurest
Services

Flik
canteen

Menus of Change

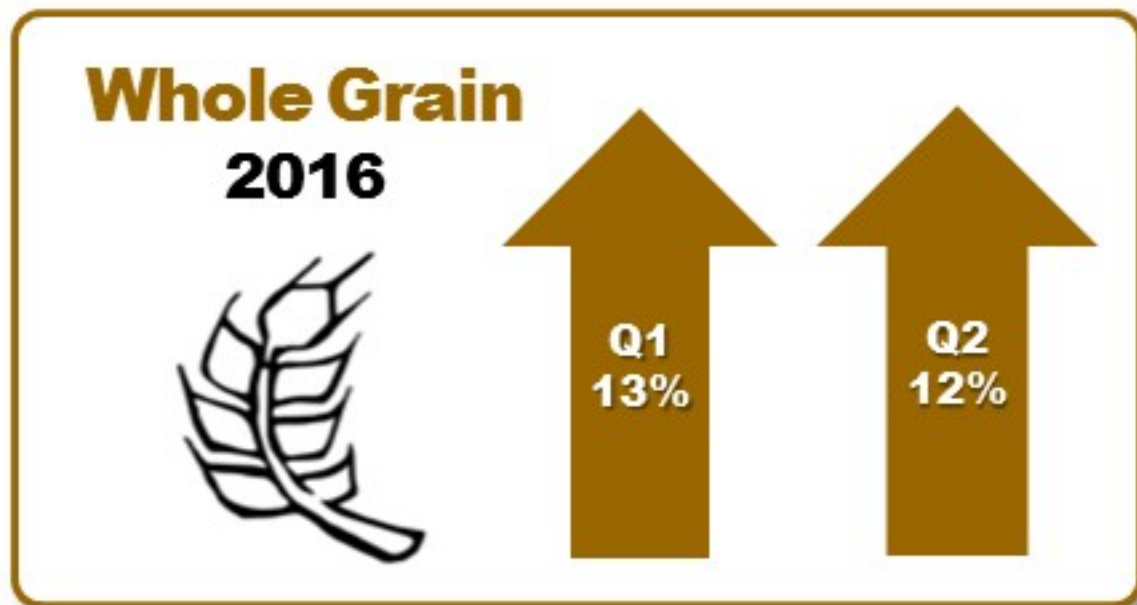
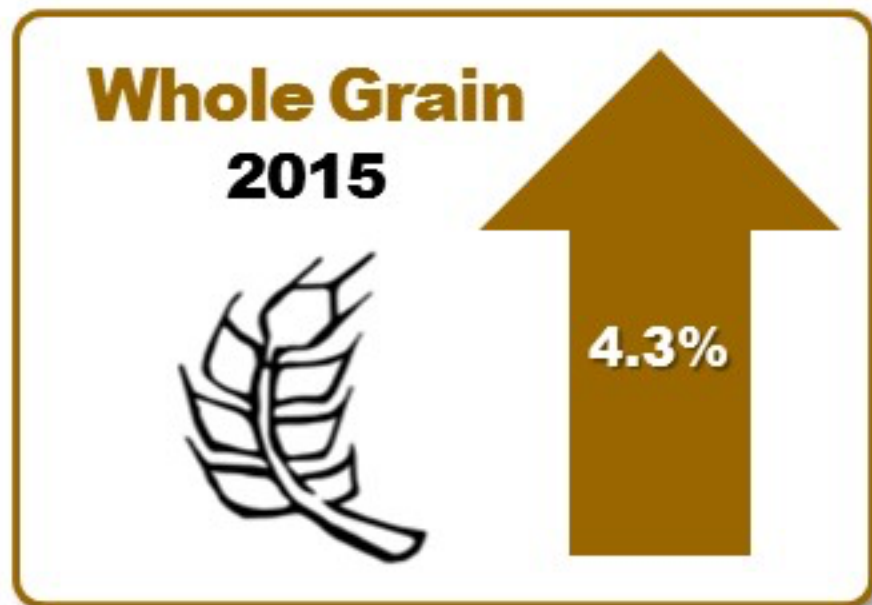


Compass Group is committed to the health and well being of our guests and our planet; therefore, we are adopting the Principals of Healthy, Sustainable Menus, developed in partnership by the CIA and Harvard School of Public Health.

GRAINS

- Menu Engineering: Always offer a 50 – 100 % whole grain option with rice, pasta, potato, side dish, and bread choices
- Goal: Increase our whole grain purchases 5% each year (year over year) for the next 3 years

Menus of Change



Wellness Stats

Total FIT sandwiches sold
Jan-Mar 2016:

1,428 sandwiches

*Data for one café



*Fiber is important because it helps regulate hunger,
control blood sugar and aids in lowering cholesterol*

By offering FIT deli sandwiches made on whole wheat thins, employees have consumed:

7,140 grams of fiber

as compared to only

2,000 grams of fiber

when eating 2 slices of white bread

**257% increase in
fiber consumption**

meet the dietitian

inspire through food

- November superfood whole grains
- Meet the dietitian sampling event on 11/11/15
- Gave out 166 samples and 50 recipe cards!
- Featured both salads on salad bar & sold out
- Great comments:
 - “I’m really glad you’re here doing this & sampling vegetarian foods”
 - “They are both good, one is fresh & one is hearty”
 - “Wow-I’m surprised by how much flavor it has!”




**Whole
Grains**




veg. revolution

flex·i·tar·i·an
[fleks.uh.TAYR.ee.un] n.
Someone who actively integrates meatless meals into his or her diet.

Be a flexitarian.
It's simple. Once a week, skip meat.



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rooted
IN GOOD TASTE