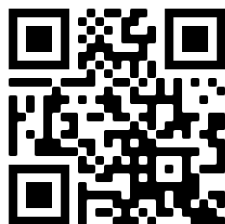


**WHOLE DAY** FOR  
**WHOLE GRAIN**

**WEDNESDAY**  
**MARCH 26, 2025**

For more whole grains  
information and recipes, visit the  
Whole Grains Council website!



**WholeGrainsCouncil.org**