Whole Grains Council

Whole Grain Sampling Day 2020
TWEETS / SOCIAL MEDIA IDEAS

Inspire all your followers to try more whole grains using the hashtag #SampleWholeGrains. Be sure to tag us at @OldwaysPT so we can re-Tweet you!

Tweets for March 25

Hearty whole grains are delicious AND healthy. http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day #SampleWholeGrains

We’re not fooling - we’ve got the best whole grain wraps you’ve ever tasted. #SampleWholeGrains

Don’t be fooled into missing 17 key nutrients. #SampleWholeGrains today and discover the whole grain goodness

Today is Whole Grain Sampling Day! Stop by [your location] to #SampleWholeGrains

Freekah and Farro and Oats, Oh My! #SampleWholeGrains today!
http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day

Have you had your whole grains today?
http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day #SampleWholeGrains

Tweet your favorite whole grain, in honor of #SampleWholeGrains day.
http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day

We’re excited to recognize National Whole Grain Sampling Day with our friends @OldwaysPT! What’s ur favorite whole grain? #SampleWholeGrains

Did you know that any of our pasta dishes can be ordered on whole grain pasta? #SampleWholeGrains today.

I love the smell of whole grains in the morning.
http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day #SampleWholeGrains

I’ll have what she’s having!
http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day #SampleWholeGrains

@OldwaysPT /OldwaysPT /Oldways@Oldways_PT
Make social media a big part of your Whole Grain Sampling day efforts, to inspire all your followers to try more whole grains!

**Tweets for Before to Build Interest**

Come by on March 25 and #SampleWholeGrains for Whole Grain Sampling Day!

Whole Grain Sampling Day is March 25 - how will you celebrate? #SampleWholeGrains

Give whole grains a try - #SampleWholeGrains on March 25 for Whole Grain Sampling Day.

We’re excited to recognize National Whole Grain Sampling Day with our friends @OldwaysPT! What’s ur favorite whole grain? #SampleWholeGrains

#SampleWholeGrains on Mar 25! See how much fun we had in years past: http://wholegrainscouncil.org/get-involved/whole-grain-sampling-day

Stop by Mar 25. We are giving away free #SampleWholeGrains for @oldwayspt Whole Grain Sampling Day

We’re wrapping up #NationalNutritionMonth with a special whole grain celebration! Stop by on March 25 to #SampleWholeGrains
Samples of actual Tweets from Whole Grain Sampling Day in previous years.